

Poem *Growing*

GROWING

Karen Seamons

A tiny seed can grow to be (Thumb and index finger together as if holding a seed.)

A shady, leafy apple tree. (Arms held up, swaying as if branches of a tree.)

A bunny has a funny habit (Two fingers up as if bunny ears; hop up and down.)

Of growing up to be a rabbit. (Stroke bunny ears with other hand.)

Have you seen a pollywog? (Hands swimming.)

It will grow to be a frog. (Left palm up for lily pad; right hand as frog jumps onto pad.)

A caterpillar does not die, (Shake head back and forth as if saying “No.”)

But changes to a butterfly. (Join thumbs and spread fingers out as if wings of a butterfly.)

What is hiding in that egg? (Shrug shoulders.)

Could it be a seamonster leg? (Hands on hips.)

What of children in a row? (Hold both hands up and wiggle fingers.)

Do you think that they will grow? (Extend arms up.)

Of course they will, and they turn out (Shake head up and down, as if saying “Yes.”)

To be men and women without a doubt! (Fold arms.)

So keep on growing year by year; (Wag index finger as if scolding someone.)

Seek for peace and do not fear. (Hold right hand in the Gratitude symbol, and shake head “no.”)



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